

How AI and Human-Centric Data enables intelligent decision making in the project environment

Project Management
Conference, Athens

28th April 2026

OTEAcademy Auditorium



team animation
energising project organisations

The gap is not “AI matters” vs “AI does not matter”. The gap is between strategic belief and the practical system required to add value and use AI safely and repeatedly.

Who we are

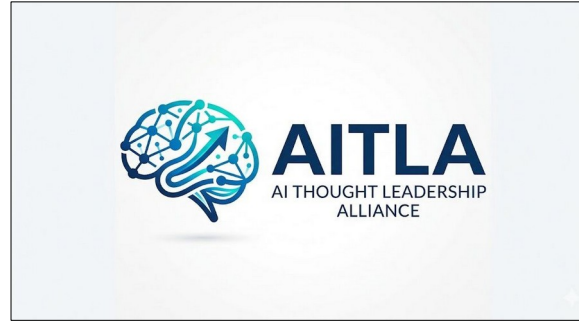


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Structure

- HCD Analysis and Insights
- Personal Perspective
- Organisational Perspective
 - Organisational Archetypes Perspective
- Profession Perspective
- Barriers and Suggestions
- HCD Application
- What happens next?

QuantumBlack
AI by McKinsey

The state of AI in 2025

Agents, innovation, and transformation

Almost all survey respondents say their organizations are using AI, and many have begun to use AI agents. But most are still in the early stages of scaling AI and capturing enterprise-level value.

pwc

PwC's 29th Global CEO Survey

Leading through uncertainty in the age of AI

Agents, robots, and us: Skill partnerships in the age of AI

- Work in the future will be a partnership between people, agents, and robots - all powered by AI. Today's technologies could theoretically automate more than half of current US work hours. This reflects how profoundly work may change, but it is not a forecast of job losses. Adoption will take time. As it unfolds, some roles will shrink, others grow or shift, while new ones emerge—with work increasingly centered on collaboration between humans and intelligent machines.
- Most human skills will endure, though they will be applied differently. More than 70 percent of the skills sought by employers **remain** in use in both automatable and non-automatable work. This overlap means most skills remain relevant, but how and where they are used will evolve.
- Digital and information-processing skills could be most affected; those related to assisting and caring are likely to change the least.
- Demand for AI fluency—the ability to use and manage AI tools—has grown sevenfold in two years, faster than for any other skill in US job postings. The surge is visible across industries and likely marks the beginning of much bigger changes ahead.
- By 2030, about \$2.9 trillion of economic value could be unlocked in the United States—if organizations prepare their people and redesign workflows, rather than individual tasks, around people, agents, and robots working together.

EMANUELA GIANGREGORIO

GOVERNING AI IN PROJECTS

A WHITE PAPER ON THE AI PROJECT GOVERNANCE FRAMEWORK

AI PROJECT GOVERNANCE FRAMEWORK
AIPGF
APMG International

APMG International

The AI Project Governance Framework

CIOB Artificial Intelligence (AI) Playbook 2024

"Essentially, AI is advancing **how we work**, making it smarter, faster and interacting better with our physical assets."

"However, there will be a **growing need for skill and capability development** to mindfully harness AI and its benefits in an ethical and secure manner."

"The prospect of AI models gaining a deeper understanding of the numerous variables of construction, including client preferences, regulations, budget constraints, and construction methodologies, is groundbreaking. As AI continues to evolve, it could lead to the **conception of buildings that harmonise these often-conflicting criteria, paving the way for design solutions previously unimagined.**"

CIOB Artificial Intelligence (AI) Playbook 2024

Holy grail of increased productivity

- Existing challenges in delivering today's project pipeline
- Tight labour markets that will not change in the near-term
- "An increase in productivity is needed"
 - history tells us this will be extremely challenging
- Focus on technology that streamlines and accelerates engineering, procurement, and construction
 - AI e.g. generative design and scheduling; predictive maintenance; route optimization; resource management; automated safety and quality control

McKinsey & Company
Delivering on construction productivity is no longer optional

The Enterprise AI Playbook
Lessons from 51 Successful Deployments

Silvia Perinca, Ashish Wang, Geyan and Etia Bergopolous

Harvard Business School, April 2024

Artificial Intelligence Index Report

2026

AI HAI

Stanford University
Human-Centered
Artificial Intelligence

APM Association for Project Management

AI in the Boardroom

Because when projects succeed, society benefits

Rebuilding Britain AECOM

2 Embracing AI-first infrastructure delivery

The government should:

- Embrace the immediate and growing advances in AI to create more certainty on costs, timelines and quality in all aspects of project design and delivery.
- Integrate AI capabilities into programme development to streamline approvals, simulate outcomes and optimise delivery timelines, quality and value for money. Encourage the use of AI driven project engineering and design, along with digital twins, to materially reduce the time required to deliver assets and the quantity of building materials used and promote real-time asset management to improve maintenance and enhance overall asset financial performance.
- Empower NISTA to collect and manage national infrastructure datasets and strengthen open data policies to drive collaboration.

Rebuilding Britain
Unlocking growth from the UK's infrastructure pipeline

Team Animation Ltd

BRUNNEN UNIVERSITY

RIBA AI Report 2025

RIBA Architecture.com

Google

Intelligent AI Delegation

Neel Bhande¹, Manjiv Pradhán¹ and Simon Oxley²
¹Google Digital

AI agents are able to tackle increasingly complex tasks. To achieve more ambitious goals, AI agents need to be able to intelligently decompose problems into manageable sub-components, and safely delegate their completion across to other AI agents and humans alike. Yet, existing task decomposition and delegation methods rely on simple heuristics, and are not able to dynamically adapt to environmental changes and robustly handle unexpected failures. Here we propose an adaptive framework for intelligent AI delegation: a sequence of decisions involving task allocation, then the incorporation of standards of authority, responsibility, accountability, clear specifications regarding roles and boundaries, clarity of intent, and mechanisms for establishing trust between the two (or more) parties. The proposed framework is applicable to both human and AI delegates and delegation in complex decision networks, aiming to inform the development of protocols in the emerging agentic web.

Keywords: AI, agents, LLM, delegation, multi-agent, agentic

1. Introduction

As advanced AI agents evolve beyond query-response models, their utility is increasingly defined by how effectively they can decompose complex objectives and delegate sub-tasks. This coordination paradigm underpins applications ranging from personal use, where AI agents can act as personal assistants (Gardini et al., 2024), to commercial, enterprise deployments where AI agents can provide support and automate workflow (Huang and Hughes, 2025; Shao et al., 2025; Topol and Thaler, 2023). Large language models (LLMs) have already shown promise in robotics (Li et al., 2025c; Wang et al., 2024b), by enabling more instructive and accurate goal specification and feedback. Recent proposals have also highlighted the possibility of large-scale AI agent coordination in virtual economies (Tomasi et al., 2025). Modern agentic AI systems implement complex control flows across differentiated sub-agents, coupled with centralised or decentralised orchestration protocols (Fong et al., 2023; Hargreaves et al., 2023; Shang et al., 2025a). This can already be seen as a sort of microcosm of task decomposition and delegation, where the process is hard-coded and highly constrained. Managing dynamic web-scale interactions requires us to think beyond the approaches that are currently employed by more heuristic multi-agent frameworks.

Delegation (Cassafornata and Fabozzi, 1998) is more than just task decomposition into manageable sub-units of action. Beyond the creation of sub-tasks, delegation necessitates the assignment of responsibility and authority (Muller and Vogelstein, 2013; Nigam, 2014) and clear implications accountability for outcomes. Delegation further involves capability matching and continuous performance monitoring, incorporating dynamic adjustments based on feedback, and ensuring completion of the distributed task under the specified constraints. Current approaches tend to fall to account for these factors, relying more on heuristics and/or simpler parallelisation. This may be sufficient for early prototyping, but real-world AI deployments need to move beyond ad hoc, brittle, and unworkably delegation. There is a pressing need for systems that can dynamically adapt to changes (Acharyya et al., 2025; Hargreaves et al., 2023) and recover from errors. The absence of adaptive and robust deployment frameworks remains one of the key limiting factors for AI applications in high-stakes environments.

To fully utilize AI agents, we need intelligent delegation: a robust framework centered around

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In collaboration with the McKinsey Health Institute

The Human Advantage: Stronger Brains in the Age of AI

INSIGHT REPORT
JANUARY 2026

WORLD ECONOMIC FORUM

McKinsey & Company

Strategy & Corporate Finance Practice

Building leaders in the age of AI

Leadership is always critical—but AI is making it more important than ever.

By Bob Sternfels, George Brondos, and Daniel Pacheco

A 3D wireframe head is shown in profile, facing left. The head is composed of a dense grid of white lines. From the right side of the head, a stream of white letters and numbers (A-Z, 0-9) is being emitted, floating in the air. The background is a solid light blue color with a subtle pattern of blurred white dots, suggesting a digital or data environment.

HCD Analysis and Insights

Question	Avg
1.1 Level of anxiety towards AI*	45%
1.2 Level of knowledge of AI*	48%
1.3 Personal usage of AI	51%
1.4 Business usage of AI	49%

Data is good but insight and discussion is better!

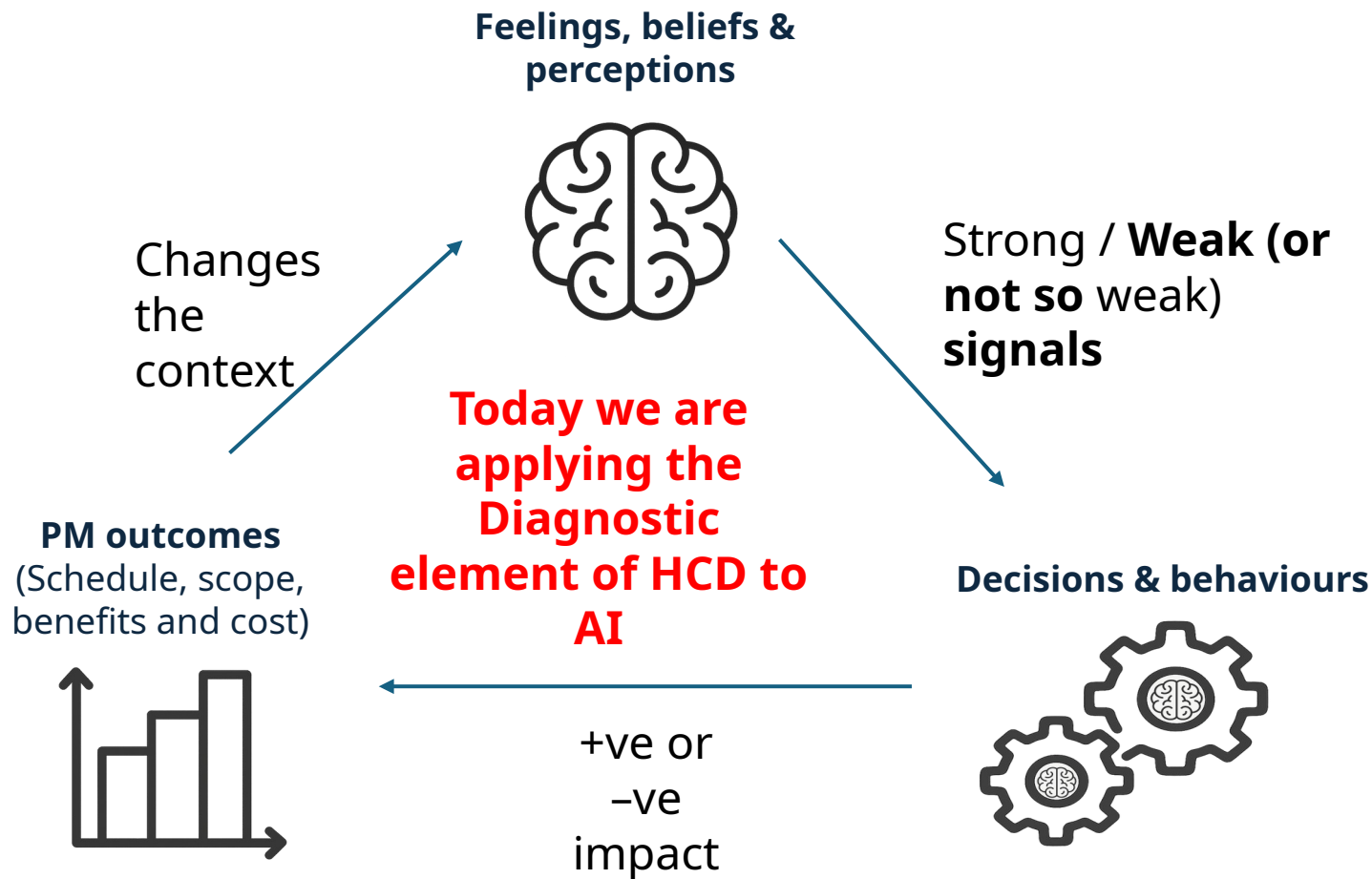
3.2 Confidence that professional judgement, ethical reasoning, and client relationships will sustain demand for project managers?	65%
3.3 Likelihood that AI adoption will significantly reduce professional professional fees within the next five years?	56%
3.4 Competitive advantage that early AI adoption will provide to firms, relative to traditional differentiators such as talent, reputation, and brand?	70%

Survey <> our experience

3.2	0.17	0.60	0.51	0.62	0.65	0.57	0.52	0.52	0.41	0.42													
3.3	0.24	0.25	0.37	0.34	0.14	0.24	0.36	0.22	0.47	0.42	0.34												
3.4	0.08	0.52	0.51	0.45	0.38	0.39	0.54	0.26	0.45	0.49	0.54	0.36											
2.1	0.33	0.45	0.42	0.31	0.44	0.58	0.41	0.40	0.23	0.49	0.34	0.21	0.31										
2.2	0.26	0.37	0.40	0.23	0.33	0.37	0.28	0.26	0.15	0.46	0.36	0.40	0.26	0.70									
4.1b	-0.23	-0.19	-0.23	-0.14	-0.17	-0.20	-0.15	-0.25	-0.35	-0.32	-0.32	-0.10	-0.31	-0.15	-0.17	-0.17	-0.30	0.13	-0.28	0.12	0.09	0.92	
4.2a	-0.05	-0.21	-0.20	-0.09	-0.07	-0.23	-0.02	-0.23	-0.42	0.03	-0.32	-0.12	-0.22	-0.00	-0.16	-0.09	-0.14	-0.12	-0.03	-0.19	-0.19	0.45	0.43

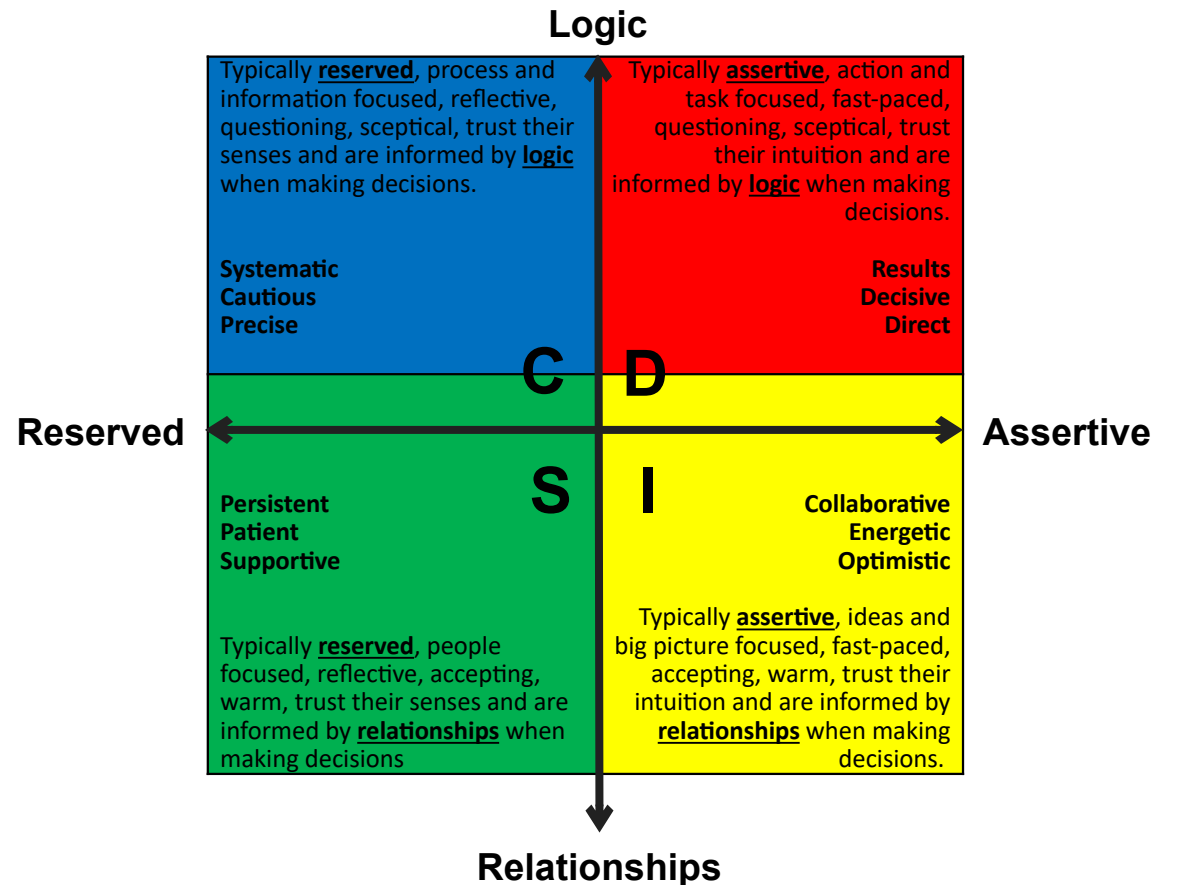
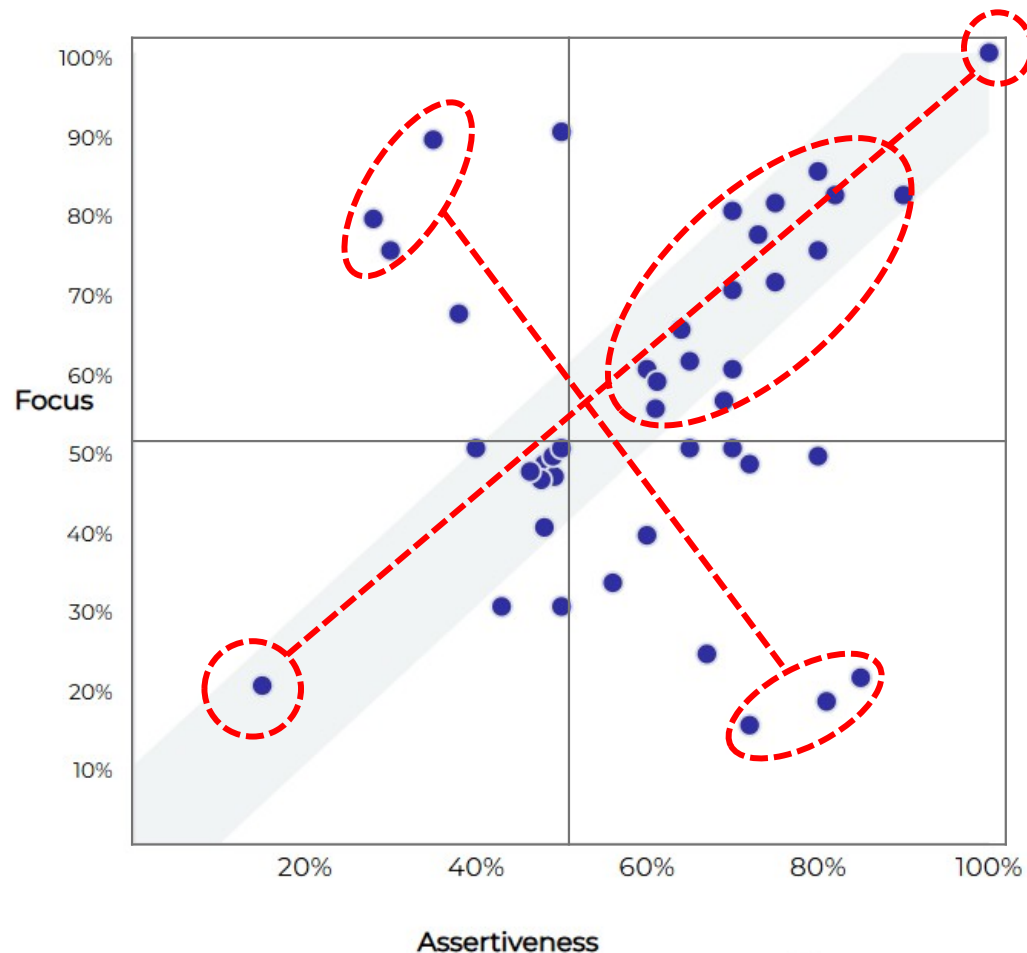
Human-Centric Data (HCD) – today with a focus on AI

Projects fail, or succeed, because of the **feelings, beliefs & perceptions** of those involved, their consequent **decisions & behaviours** and the resulting **positive or negative outcomes**. The new field of HCD measures these factors and enables project leaders to **identify, get ahead of and control problems earlier**.



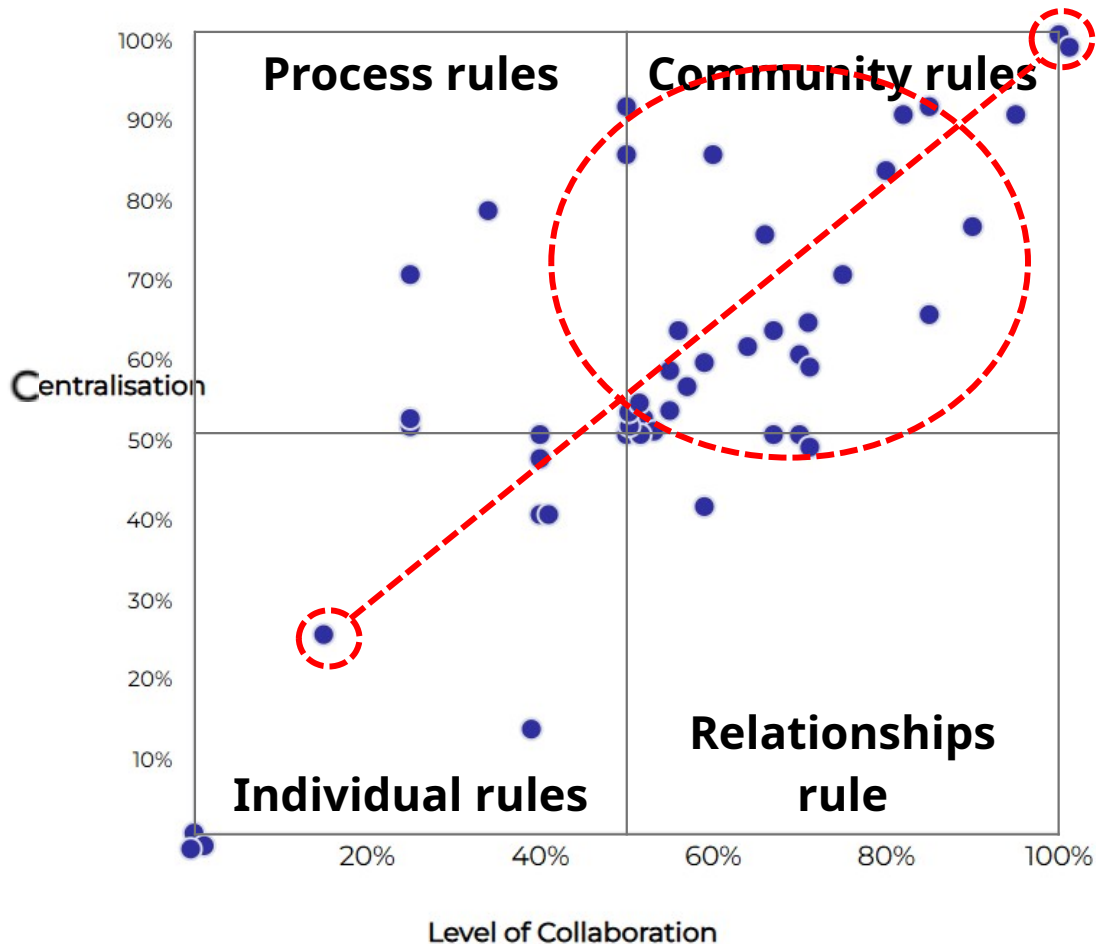
The impact of personal style

People have different **feelings, beliefs & perceptions** about AI and any other topic impacting the decisions they make and their behaviours



The impact of varied organisational cultures

Most people work in a centralised and in particular “Community rules” culture that will influence the decisions they make and their behaviours around AI

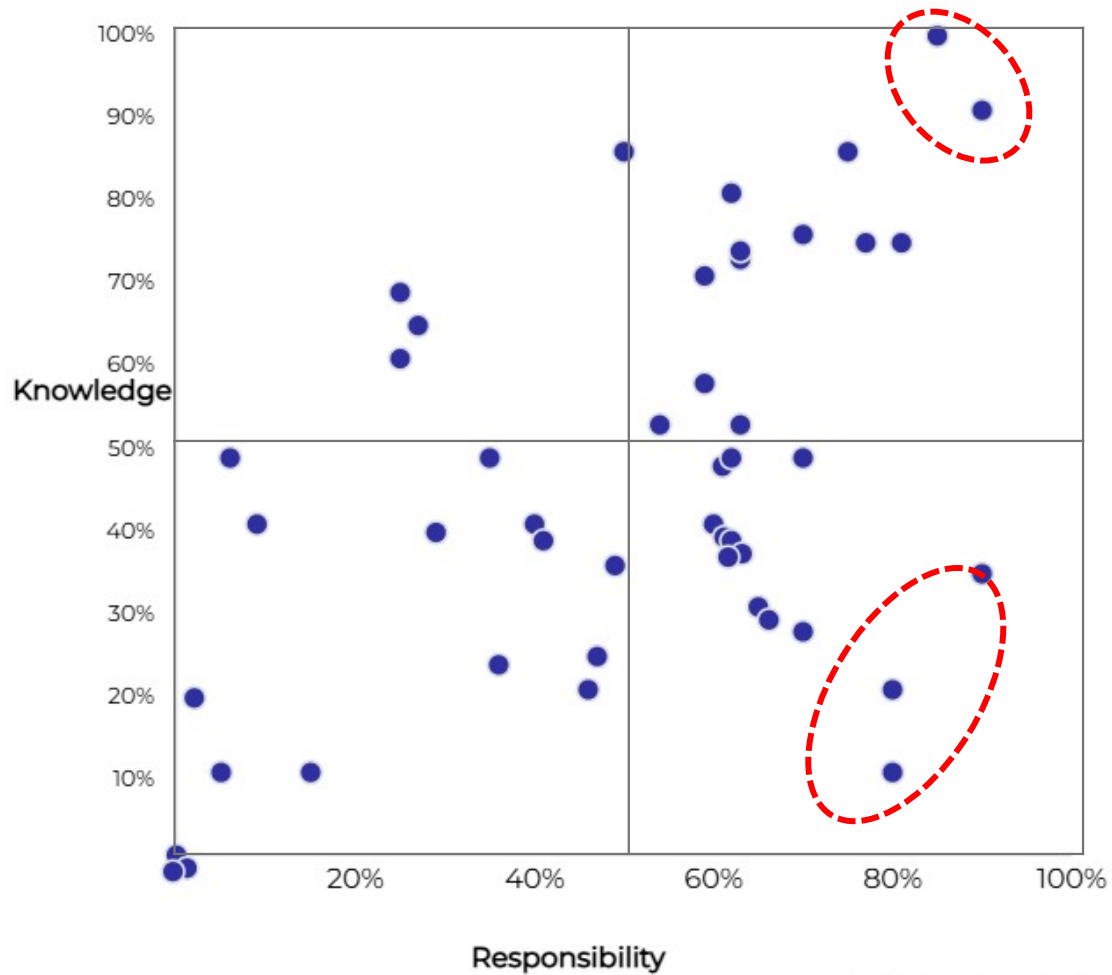


<p>High</p> <p>Level of centralisation</p> <p>Low</p>	<p>Process rules</p> <p>Low level of collaboration and high level of centralisation. Organisation has:</p> <ul style="list-style-type: none"> • Defined structure and hierarchy for decision-making • Low cross-functional working or organisational networking opportunities or facilitation <p>What type of Project Leader/Leadership thrives in this culture?</p> <ul style="list-style-type: none"> • Highly structured and organised, process driven • Recognises project governance team and sponsor critical to success • Feeds up, waits for and accepts decisions from more senior level • Recognises his/her power may come from the size and status of the project • Works well with influence and power based on position, role or title • Networking and relationship building not as formalised authority 	<p>Community rules</p> <p>High level of collaboration and high level of centralisation. Organisation has:</p> <ul style="list-style-type: none"> • Defined structure and hierarchy for decision-making • High incidence of cross-functional working or organisational networking opportunities or facilitation. <p>What type of Project Leader/Leadership thrives in this culture?</p> <ul style="list-style-type: none"> • Able to insert self easily into established processes and structures, and work well within these parameters • Flexibility and adaptability • Organisationally intelligent: understanding power bases, influencers, able to build strong relationships and networks to own advantage and the advantage of the project
	<p>Individual rules</p> <p>Low level of collaboration and low level of centralisation. Organisation has:</p> <ul style="list-style-type: none"> • Delegated authority and decision-making to appropriate levels and/or locations • Low cross-functional working or organisational networking opportunities or facilitation. <p>What type of Project Leader/Leadership thrives in this culture?</p> <ul style="list-style-type: none"> • High self-reliance and can develop support networks and relationships for self, team and project • Can work with ambiguity and uncertainty 	<p>Relationships rule</p> <p>High level of collaboration and low level of centralisation. Organisation has:</p> <ul style="list-style-type: none"> • Delegated authority and decision-making to appropriate levels and/or locations • High incidence of cross-functional working or organisational networking opportunities or facilitation. <p>What type of Project Leader/Leadership thrives in this culture?</p> <ul style="list-style-type: none"> • Organisationally intelligent: understanding power bases, influencers, able to build strong relationships and networks to own advantage and the advantage of the project
	<p>Low</p> <p>Level of collaboration</p> <p>High</p>	



Personal Perspective

Knowledge and Responsibility

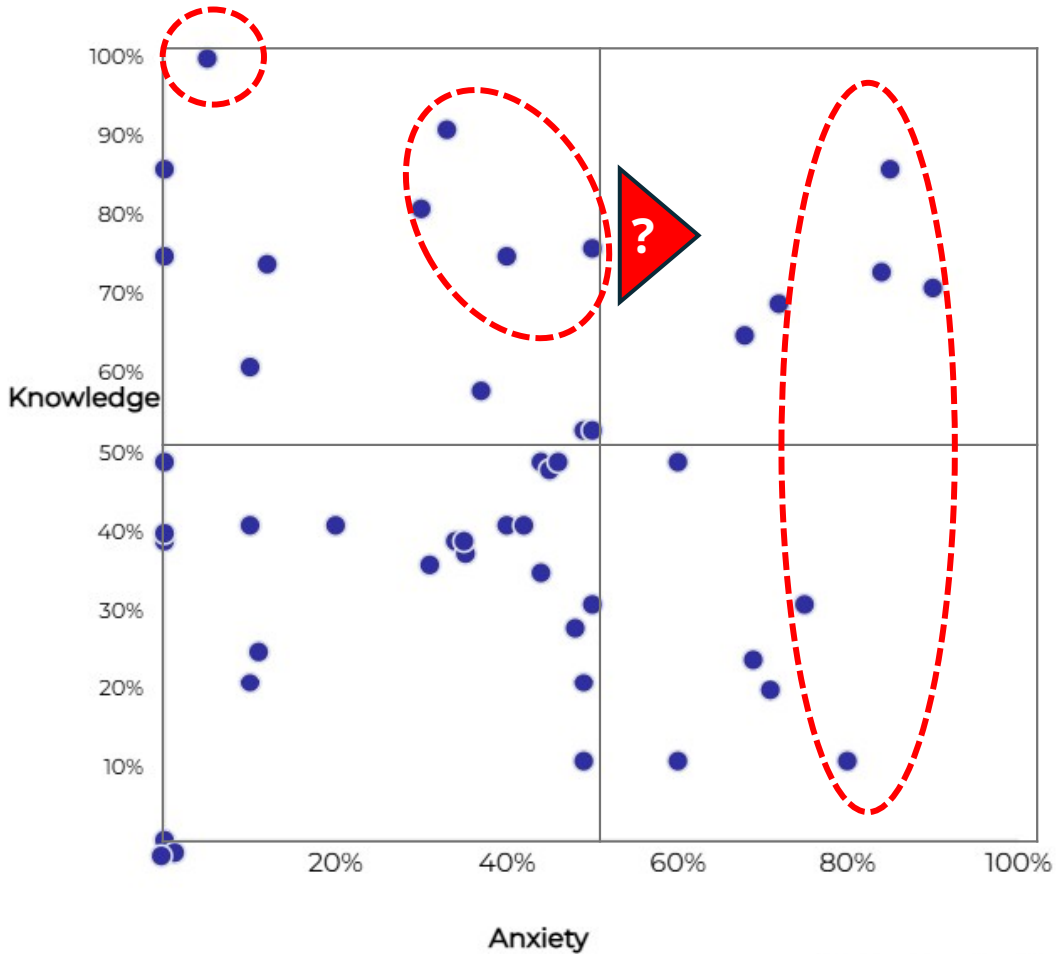


- Level of **knowledge** of AI
- Your level of **responsibility** to change business processes

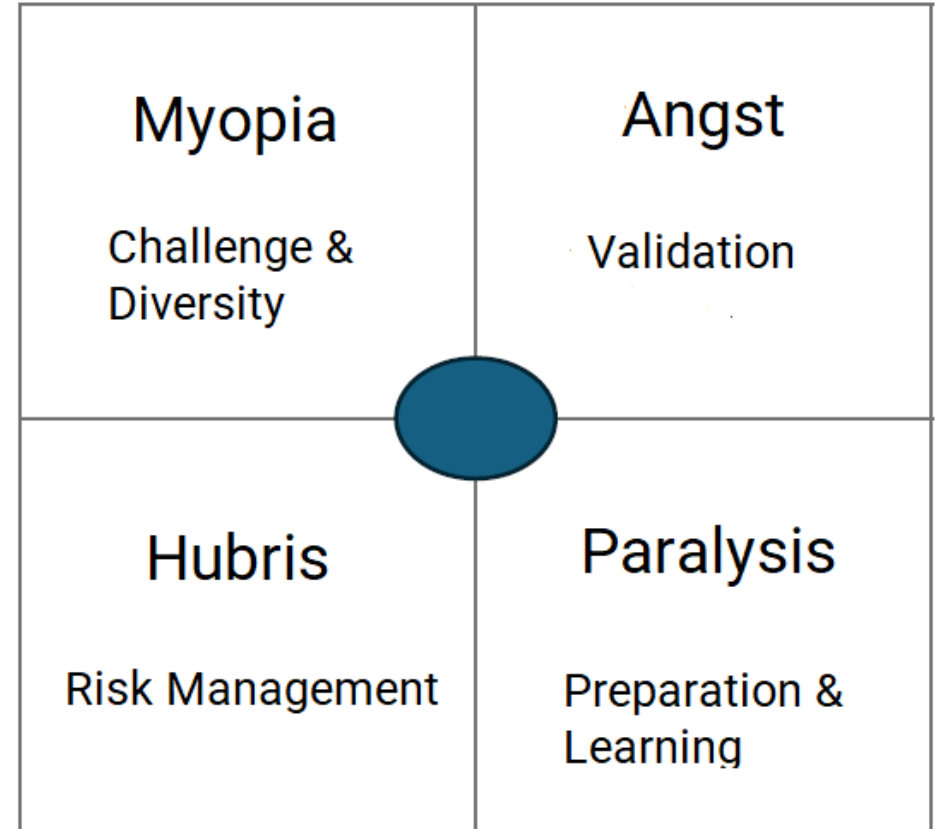
“The more power you have, the more you must act with good judgement and moral character”
Aristotle (simplified)

Anxiety and Knowledge

- Level of **knowledge** of AI
- Level of **anxiety** towards AI

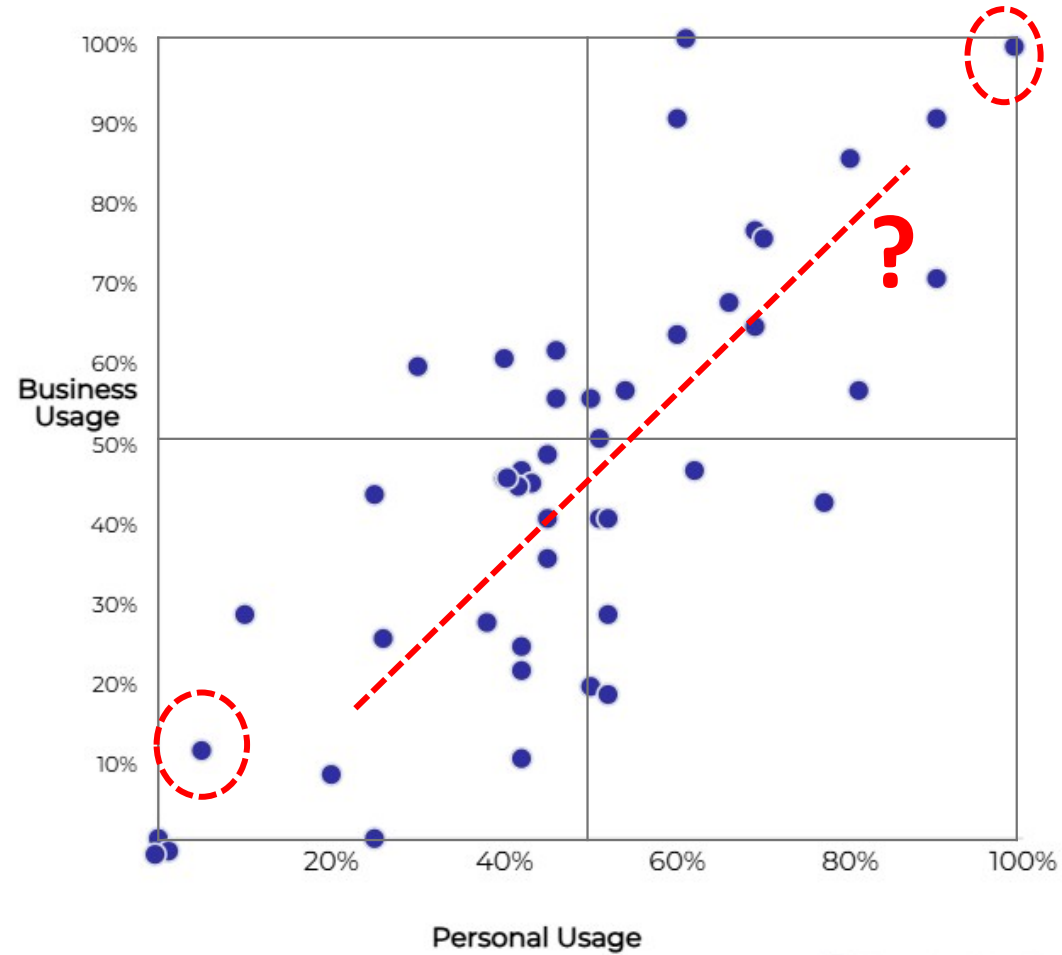


MeetingQuality



Adapted from "The Power of Doubt" - Prof. M Smets University of Oxford

Personal and Business Usage of AI



Which state are you in?

Curious but cautious

Low knowledge/use; anxiety or uncertainty; needs examples and safe entry points.

Practical experimenter

Moderate/high personal use; value emerges through hands-on problem solving.

Strategic believer

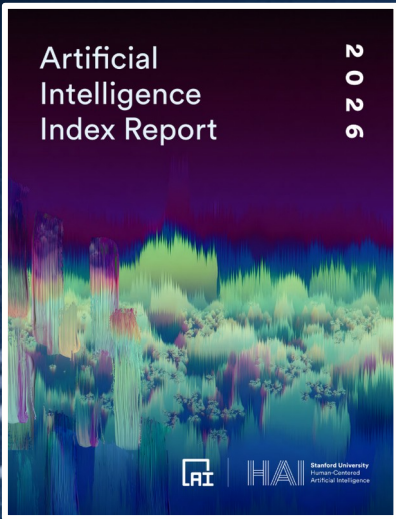
High future-success and advantage scores; need governance and ownership to convert belief into action.

Overloaded adopters

High perceived importance and responsibility, but high mental workload; needs simplification and support.



Organisational Perspective



The Landscape in 2026

Ever changing > Accelerating
> Impossible to “be ahead of”



AI Capability is Accelerating

88%
Organisational
Adoption

90%+
Industry-Led
Models

60% → 100%
Coding Performance

Key Implementation Challenges

77%
Organisational
Challenges

61%
Failed Before
Success

88%
Unlocked Data
with LLMs



Start with Strategy, Not the Tool

What decisions are we trying to improve?



What decisions
are we trying
to improve?



Where do our
projects actually
need help?

Where do our projects actually need help?







What value are
we trying to create?



Which use cases
are worth prioritising?

What makes AI work? Not the model alone. 77% of the hardest challenges were change, data or process issues, and 61% of successful teams had already failed at least once.

What Needs to Be in Place First

Structured Project Data	Source Systems & Ownership	Baseline AI Knowledge	Governance & Responsible Use
			
Clear, organized information	Defined systems & access controls	Team training & awareness	Data assurance & ethical use

6%

Fully AI-ready data

88%

Unlocked inaccessible data

91%

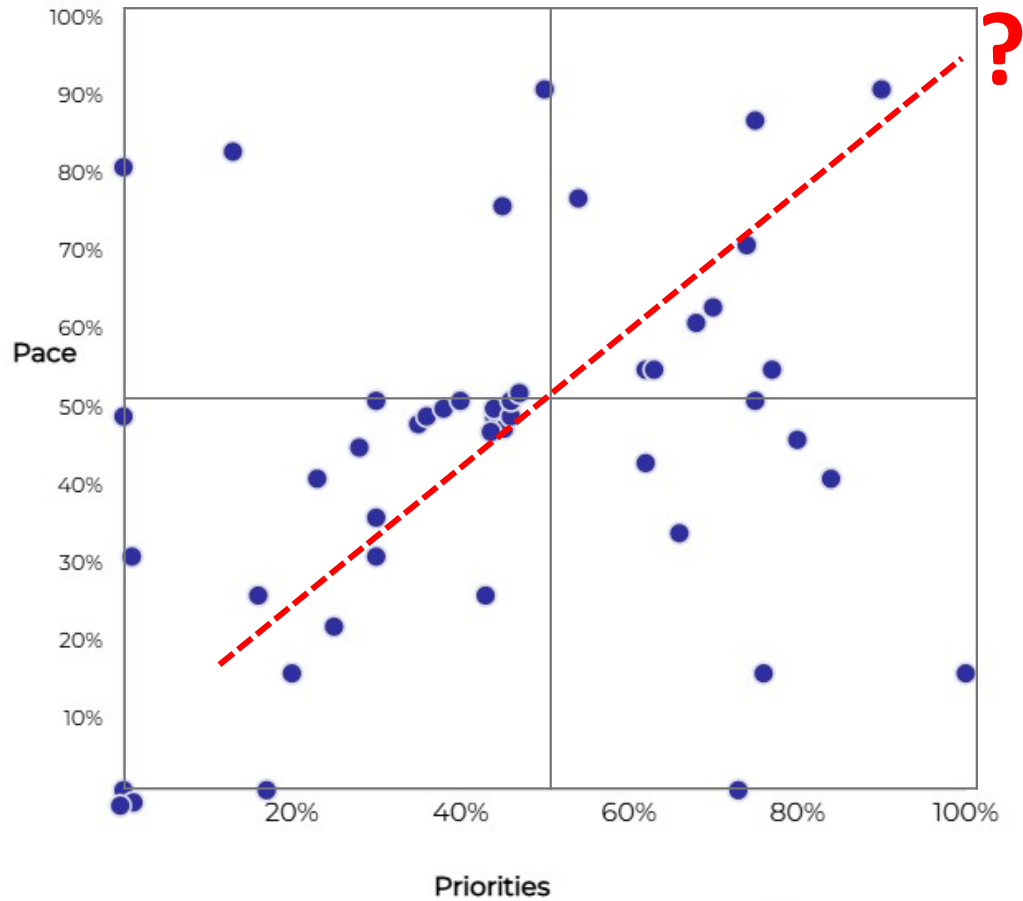
Processed unstructured data

59%

Unlocked data with LMs

Pace and Priorities

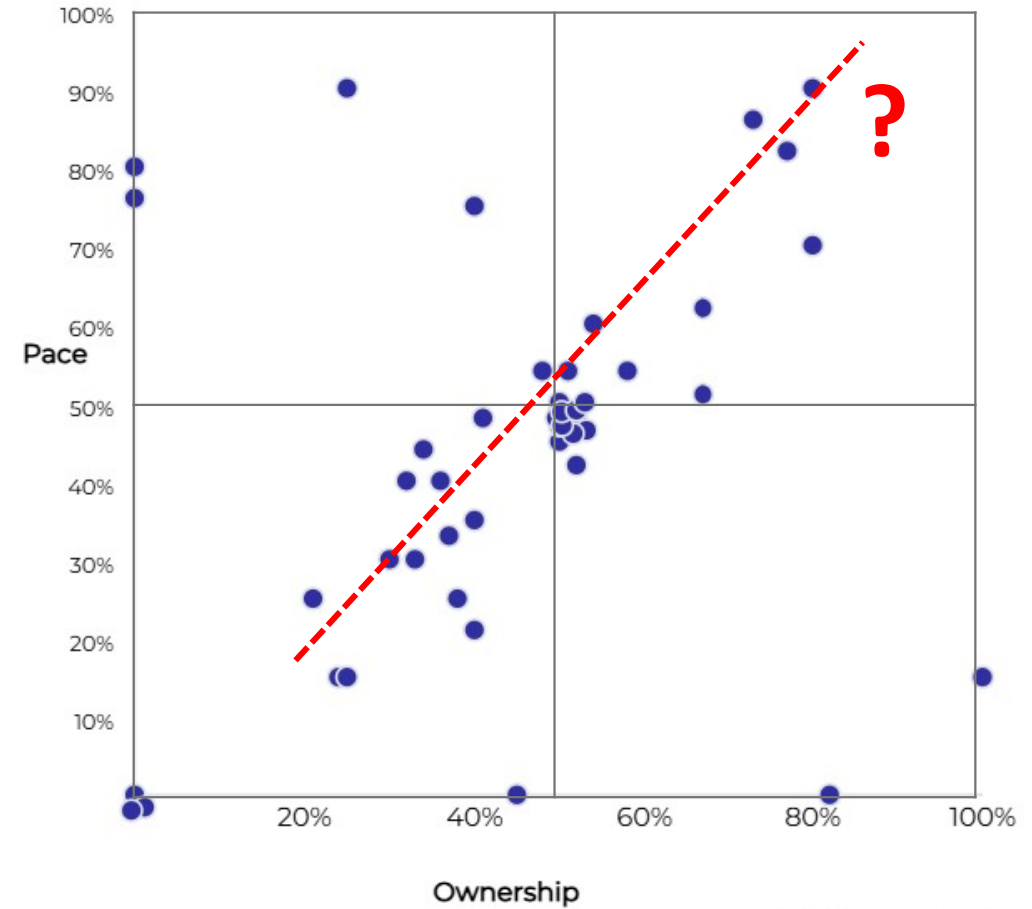
- **Pace** at which AI is being adopted
- Clarity of **priorities** around AI



MeetingQuality

Pace and Ownership

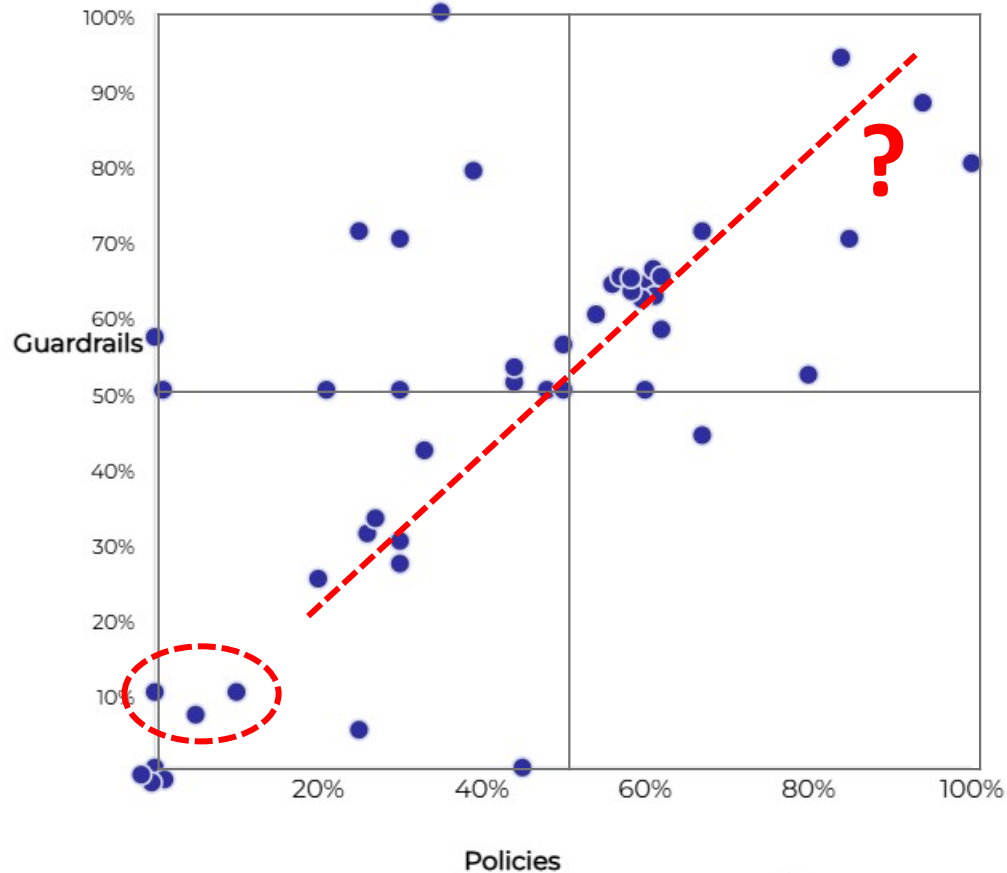
- **Pace** at which AI is being adopted
- Clarity of **ownership** and direction of AI



MeetingQuality

With clear **ownership** and **priorities** comes greater pace of AI adoption and the opportunity to deliver value – answering the WHY

Guardrails and Policies

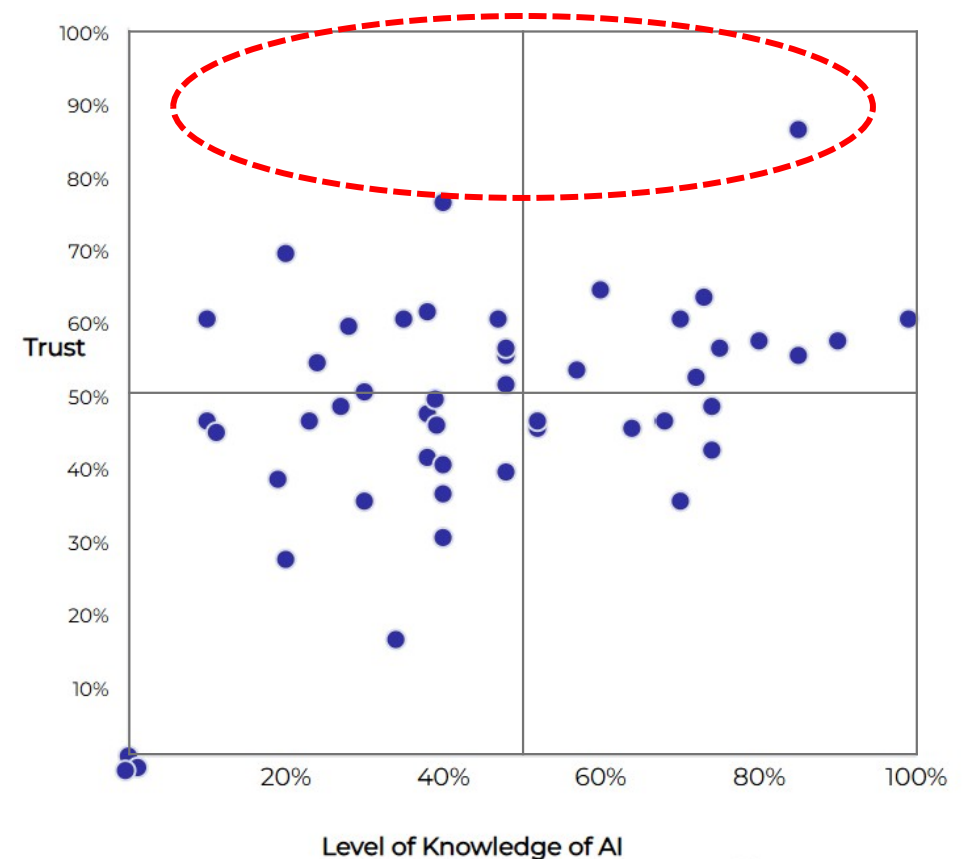
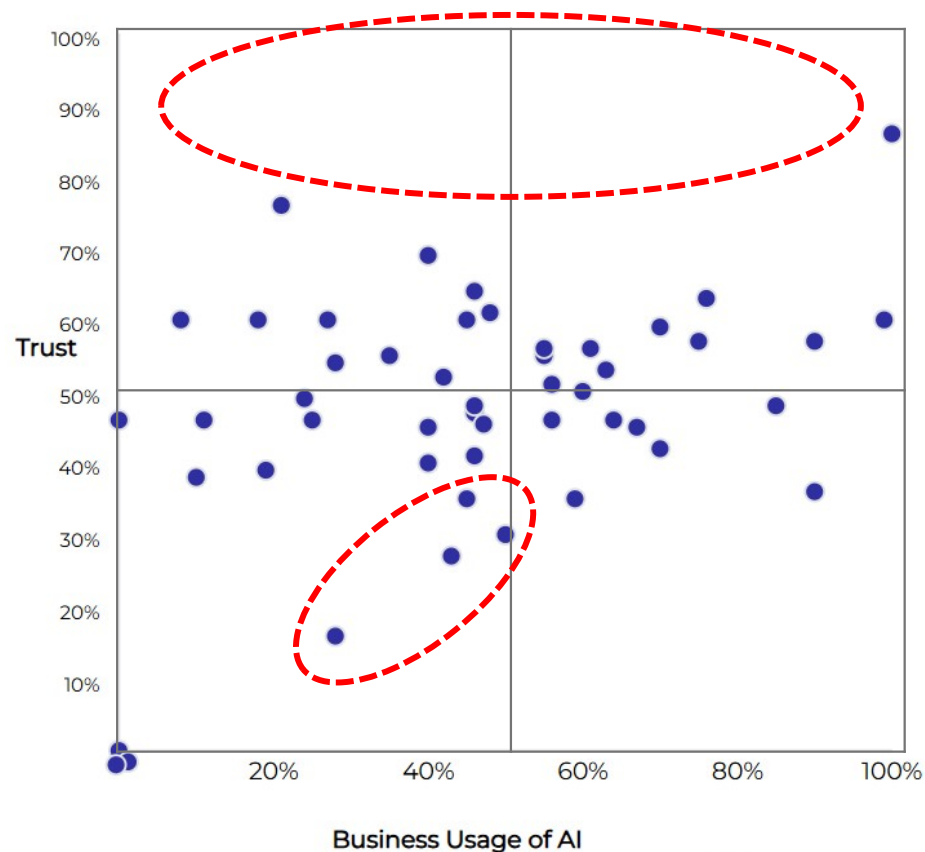


- Maturity of **policies** related to AI
- Robustness of **guardrails** in place around the use of AI

The secret is crafting policies, including guardrails, that do not constrain experimentation but encourage...safely!!

What is the level of trust in AI?

Assessing and monitoring trust within an organisation is critical during adoption



Where This Can Go in Practice

WSP Generative Design



AI-powered Design Optimisation



Structured Scoring & Modelling

AI for Site Data Capture

Tilbury Douglas



AI-Enabled Site Monitoring & Reporting



Connected Schedule Intelligence

Nodes & Links



AI-Driven schedule analysis



Dashboards & Predictive Insight

Practical examples already span design optimisation, project prioritisation, site monitoring and *data analytics*.

AI as a Decision Assistant

Structured, Real-Time Analysis



Structured, Real-Time Analysis

Faster reporting and better insights

Human Oversight & Accountability



Review, approve and remain accountable

12% → 66%

AI Agent Success

71%

Productivity Gain

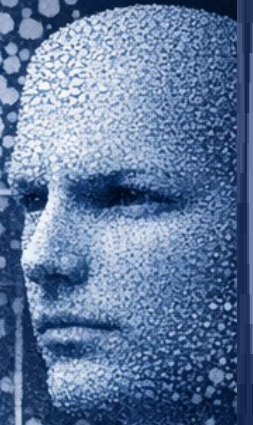
Responsibility
Remains with People.

What Value Are We Trying to Get?

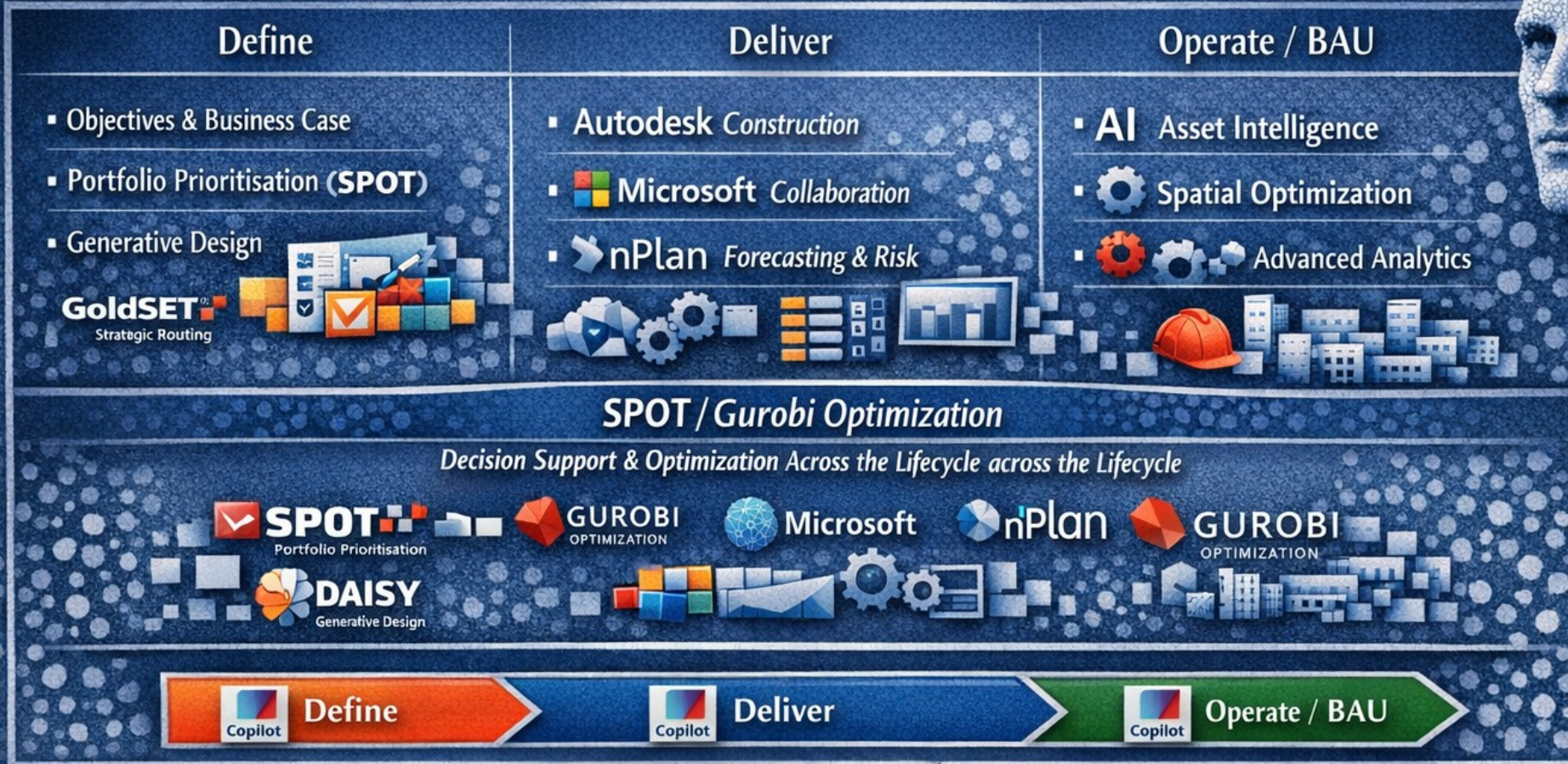


Not Just Cost Reduction

AI can support better decisions, but responsibility for outcomes remains with people.



WSP AI and Digital Capability Across the Lifecycle



Our digital capability spans the project lifecycle.

Be Wise to the Reality — AI is Not Magic

Data Maturity & Process Gaps



Governance & Regulatory Constraints



Data Maturity & Process Gaps



Information Overload & False Confidence

Bias, Trust & Over-Reliance



Review, approve and remain accountable

Human Accountability Remains

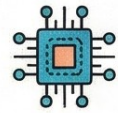
AI can support better decisions, but responsibility for outcomes remains with people.



Organisational Archetypes Perspective

The 10 Archetypes of AI for Project Management

AI acts as more than just a tool; it functions through specific "archetypes" that take on distinct roles within a project environment, ranging from automating routine output to safeguarding organisational ethics and institutional knowledge.



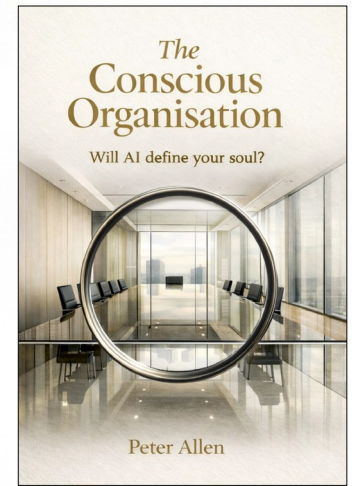
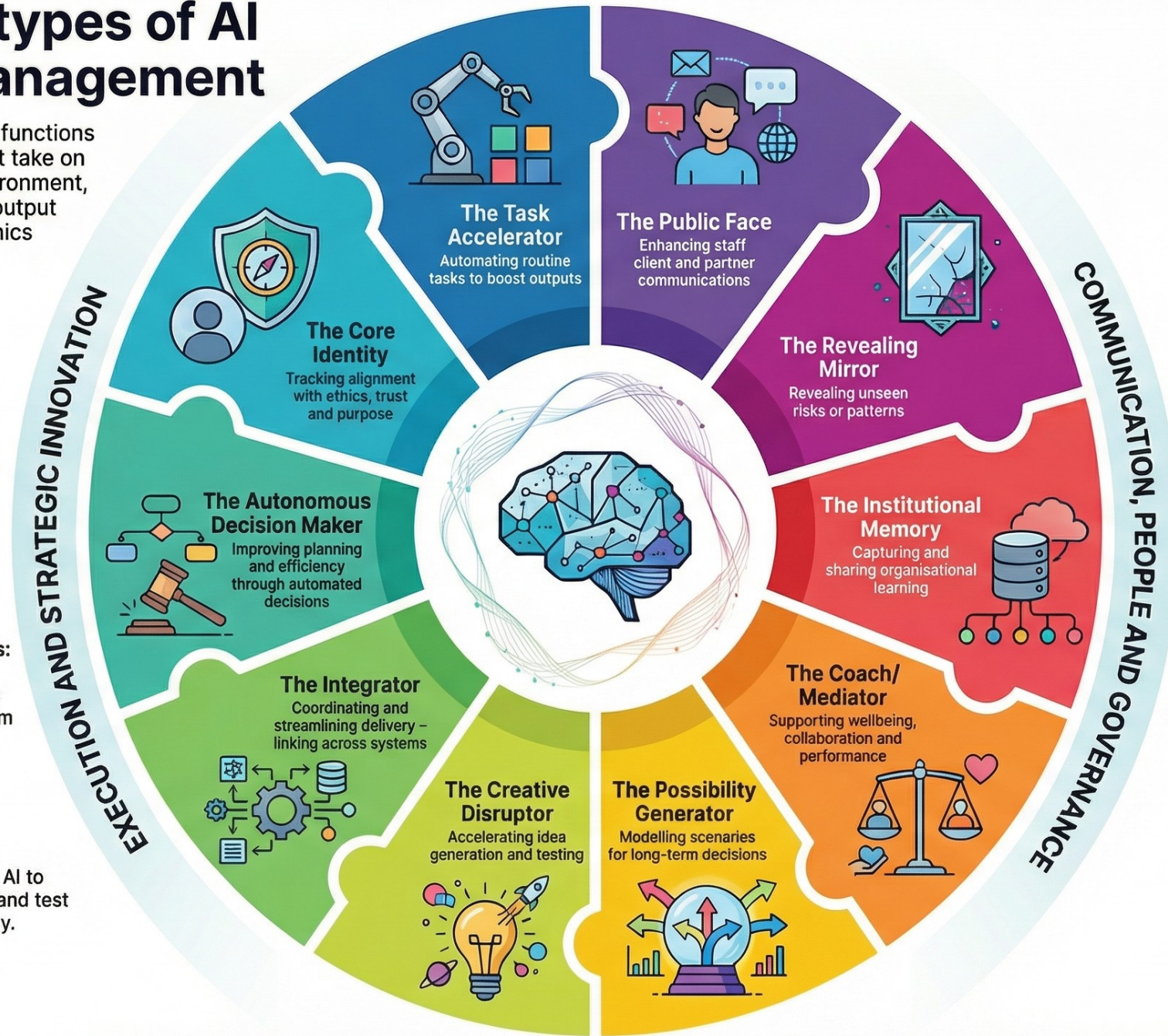
Streamlining Project Delivery: Use the Task Accelerator and integrator to automate routine tasks and coordinate across systems.



Modelling Future Scenarios: Leverage the Possibility Generator and Autonomous Decision Maker for long-term planning and efficient decision-making.



Creative Disruption: Utilise AI to accelerate idea generation and test new project concepts rapidly.



Enhancing Human Dynamics: The Coach/Mediator and Public Face improve wellbeing, collaboration, and stakeholder communications.

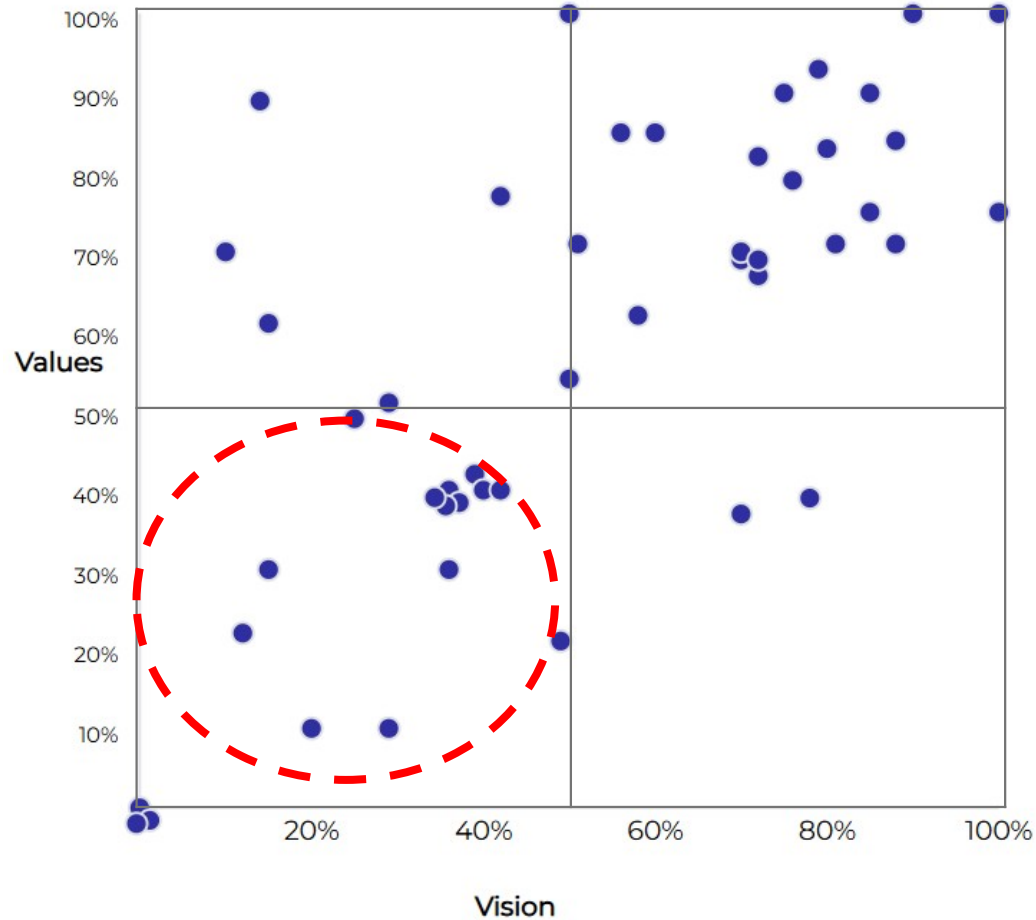


Protecting Organisational Integrity: The Core Identity and Revealing Mirror ensure alignment with ethics and uncover hidden risks.



Institutional Memory: AI captures and shares organisational learning to prevent knowledge loss across project lifecycles.

Organisational Vision and Values / Ethics



- Clarity of **ethics** and values
- Clarity of vision and **purpose**

If the organisation does not have clarity of its vision or ethics then how can it intelligently / successfully adopt AI?



Profession Perspective

3.1 **Impact** of AI on the project management profession

66%

3.2 Confidence that professional judgement, ethical reasoning, and client relationships will sustain **demand** for project managers?

65%

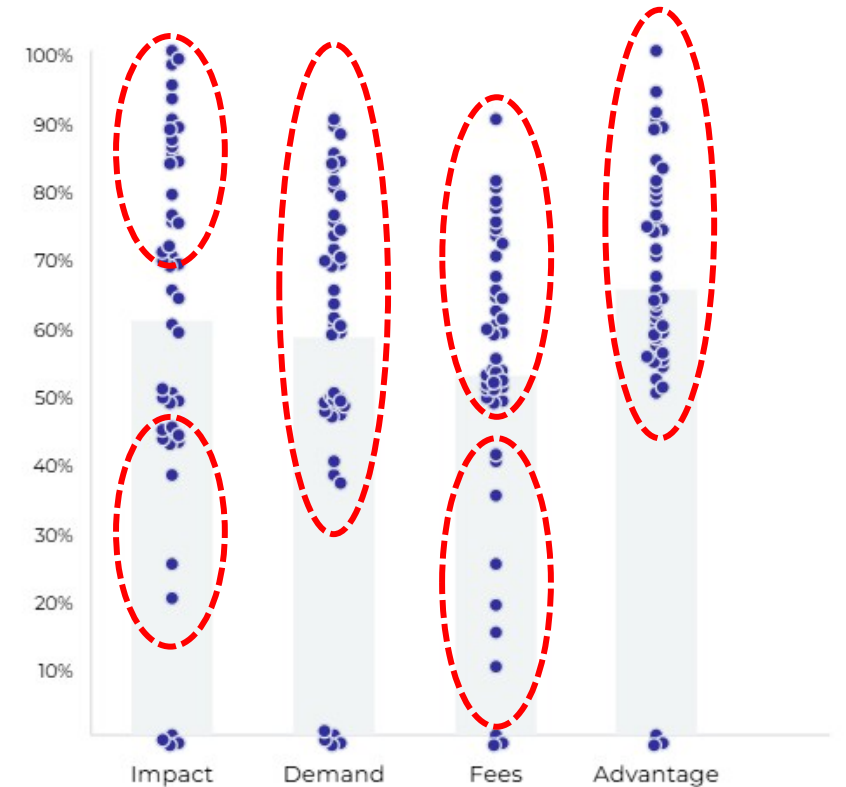
3.3 Likelihood that AI adoption will significantly reduce professional **professional fees** within the next five years?

56%

3.4 **Competitive advantage** that early AI adoption will provide to firms, relative to traditional differentiators such as talent, reputation, and brand?

70%

A perspective on the profession



A 3D wireframe head is shown in profile, facing left. The head is composed of a dense grid of white lines. From the right side of the head, a stream of white letters and numbers is flying out, creating a sense of motion and data flow. The background is a solid light blue color. On the right side of the image, there is a white rectangular box containing the text "Barriers and Suggestions" in a bold, black, sans-serif font.

Barriers and Suggestions



47

Survey Completions

Representing approximately 19% of the 250 conference attendees, providing directional insights into the profession.

AI in Project Management: Ready for impact, but not yet ready at scale



Directional Data Focus

The findings explore the relationship between personal capability, organisational readiness, and barriers to adoption.

The Connected Adoption Engine



What is Working



Strategic Importance

AI is widely recognised as a vital tool for future success and professional relevance.



Use Drives Value

Adoption is not theoretical; value is experienced most strongly by those who actively use the tools.



Competitive Advantage

Early adoption is seen as a key differentiator for both individuals and firms.

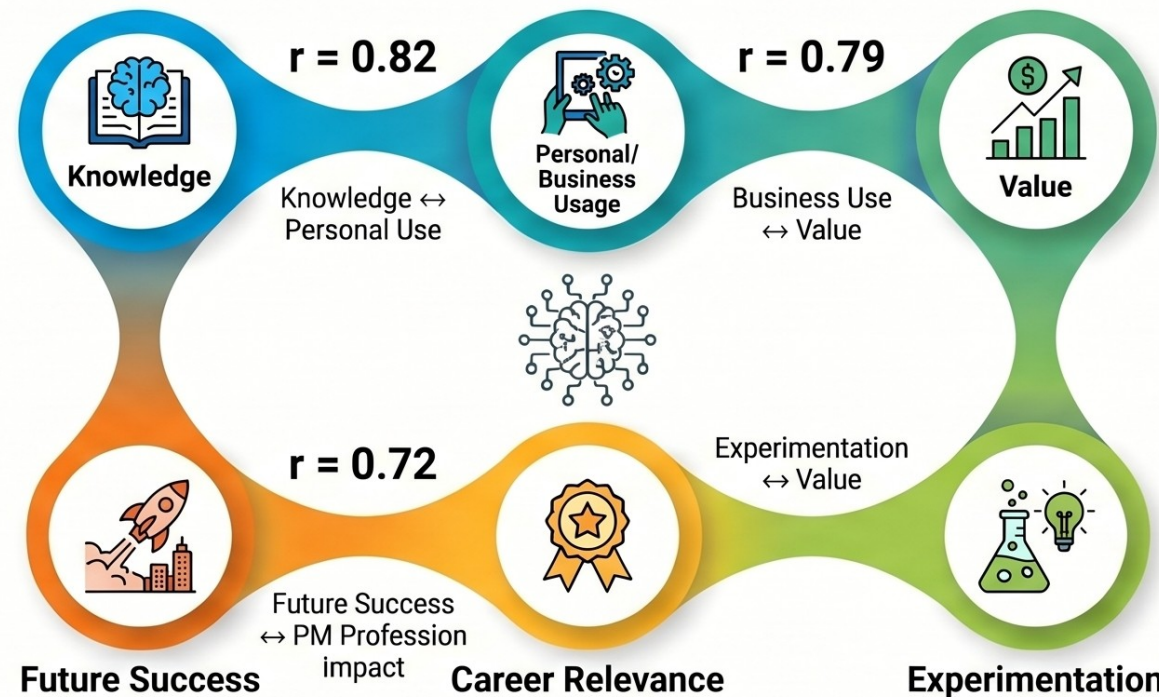


Human Judgement remains Central

AI is seen as an augmentation tool; professional judgement, ethics, and relationships remain essential to the role.

The Adoption Logic

A flow showing how **Knowledge** leads to **Personal/Business Usage**, which generates **Value** and leads to **Career Relevance** and **Future Success**.



What is Holding Adoption Back



Unclear Organisational Direction

Incomplete visions, shifting priorities, and a lack of clear ownership create uncertainty.



Cognitive Overload

AI adoption is often experienced as an additional mental load rather than a simplification of existing workflows.



Governance & Data Gaps

Fragmented data, lack of maturity in policies, and weak guardrails prevent safe experimentation.



Time Constraints

Professionals report a lack of allocated time and safe space to test and learn AI applications.

“ Core Insight ”

The challenge is not whether project managers believe AI matters.

The main hurdle is creating the specific conditions for confident, safe, and valuable use within the organisation.

HCD Application



Applying HCD in the business context



1. AGREE OBJECTIVES - WHAT THE CLIENT WISHES TO ACHIEVE AND ANY REQUIREMENTS AND CONSTRAINTS



2. PLAN AND MOBILISE - WHAT, WHO, WHEN, WHERE ETC



3. DESKTOP STUDY - CLIENT AND RESEARCH MATERIALS



4. ONLINE DIAGNOSTICS - CHOSEN SET FOR THE CONTEXT FOR DIFFERENT STAKEHOLDER GROUPS

Typically a 3 month application - continuous, anonymous, transparent



5. INTERVIEWS - INVESTIGATION OF IDENTIFIED THEMES WITH REPRESENTATIVE STAKEHOLDERS



6. ONSITE WORKSHOPS, MEETINGS - EXPLORING / EXPANDING KEY THEMES FROM PREVIOUS STAGES



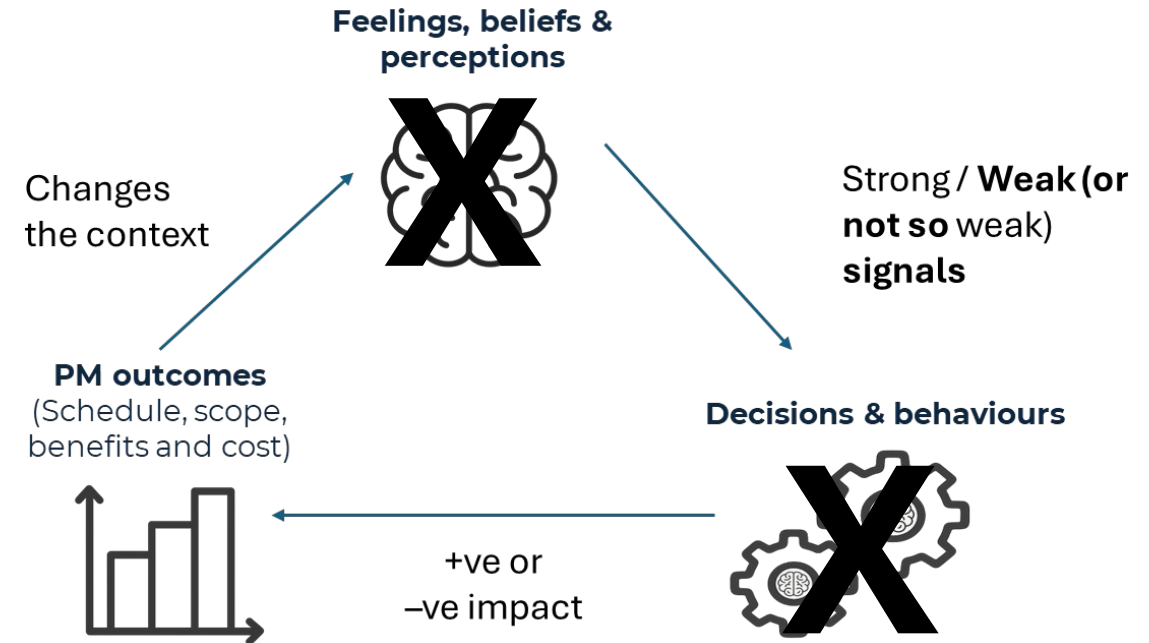
7. ANALYSIS AND FINAL REPORT - COLLATION AND PRODUCTION INCL. OBSERVATIONS / RECOMMENDATIONS AND PRESENTATION



8. IMMEDIATE FOLLOW-ON SUPPORT

Critical role of Human-Centric Data (HCD) in improving the value from AI in the system

- AI does not have the necessary human-centric contextual data – **context poor**
- Without HCD it never will – **seriously diminishing the value** add and opportunity for greater productivity
- AI does not know “**WHY**” – HCD helps answer this



Wider HCD applications

- **ESG and Carbon reporting** decision making - working in UK and Sydney
- **Human-Centric AI Leadership Assessment (HAILS)**
- 2 Mega energy projects in Australia + 2 Mega energy projects in Sweden + Slovakia et al

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Mandatory climate disclosure is here (IASB/ISSB S1 & S2). Not sure when to start? [Check which reporting group applies to you.](#)

ESG Policy vs Practice Assessment

Proprietary survey and assessment technology that identifies where sustainability goals and practice diverge. Easy to deploy across your organisation, teams, and supply chain - so you can close the gaps that matter.

ESG Risk & Dissonance Analysis

Multi-dimensional risk analysis with the proprietary Dissonance Meter. Know that your sustainability commitments are embedded and actioned at every level - from boardroom to operations.

Carbon Accounting & Emissions

Spend and activity-based carbon accounting across Scope 1, 2, and 3. Your data in, your carbon footprint out - in minutes, not months. Comprehensive emission factors database, simple data input and as deep into your supply chain as you need to go.

Net Zero & Transition Planning

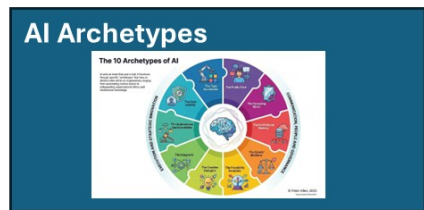
Operationalise your net-zero targets with scenario stress testing, transition plan modelling and initiative tracking. Know exactly where you stand and showcase progress with confidence.

Climate Disclosure Output

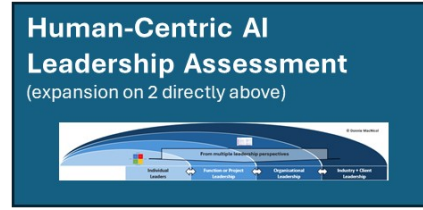
Generate audit-ready disclosures mapped to AASB/ISSB S1 & S2, ISSB, UK SRS, and CSRD requirements. Evidence-based, traceable, and assurance-ready.

82,490 tCO₂e

TOTAL CO₂ EQUIVALENT
Full Scope 1, 2 & 3 carbon accounting



Assessment of what the organisation wishes AI to "be" and the priorities between different functions / levels and any dissonance between and risks associated



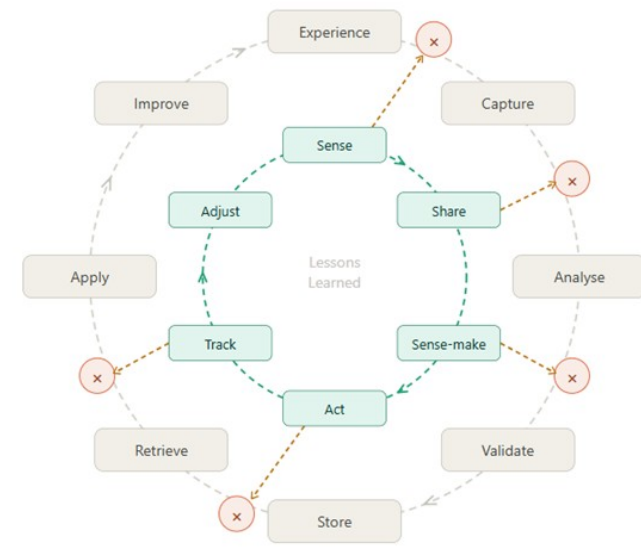
Based on proprietary Framework – includes **Cognitive Overload**, Org culture, psych safety, trust et al . Measuring feelings, beliefs through continuous, transparent anonymised Diagnostics running at different levels and functions of the organisation



Assessment of the types of barriers by degree and impact and actions to overcome where of importance/ helping identify risks

AI Maturity

Traditional cycle Break point HCD inner loop Hide HCD loop



HCD in the context of KM / Lessons (rarely) Learned

Traditional asks: "What happened?" - HCD adds: "What are we already sensing, but not yet saying?"



**What happens
next?**

From AI awareness to AI adoption: what should happen next?

Informed by your feedback and recent experiences advising clients

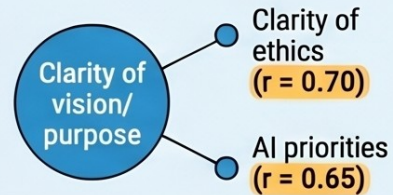
1. CLARIFY – Define where AI adds value



Focus on problems, not just tools

Start with “Which project management problems are worth solving?” rather than just looking for places to use AI.

Vision drives priority



High-value PM use cases

- Focus on planning, risk identification, stakeholder analysis, and automated reporting to improve decision support
- Automated reporting to improve decision support

2. ENABLE – Build practical AI capability



Practicality over theory

Training must be role-specific, covering tasks like prompting for PM tasks, summarising meetings, and checking outputs for bias or “hallucinations”.

Use leads to value

Training tied to real work, near-identical correlation ($r = 0.79$)



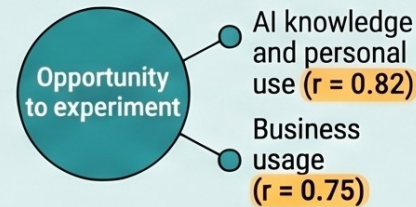
3. EXPERIMENT – Create safe spaces to test



Design experimentation, don't leave it to chance

Organisations must provide permission, examples, time, and boundaries for teams to test AI in low-risk areas.

The innovation lever



Structured testing methods

- Implement small pilots
- AI “clinics”
- shared prompt libraries to foster peer learning

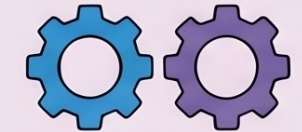
4. GOVERN – Make AI safe to use



Governance accelerates adoption

Clear guardrails reduce uncertainty; they should define approved tools, data rules, and mandatory human review points.

Policies build confidence



Policy maturity and Robustness of guardrails move together ($r = 0.70$)

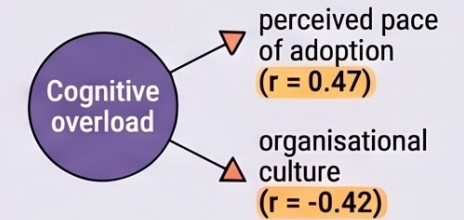
5. EMBED – Integrate into everyday workflows



Simplify, don't add

AI must be integrated into workflows to reduce cognitive overload; if it is merely “bolted on,” it creates extra work and fatigue.

The risk of overload



Redesign the process

Move toward AI-supported meeting workflows, automated report drafting, and AI-assisted decision preparation

Final Conclusion

Core Insight Beyond the Hype

The next step is practical adoption: clear use cases, safe experimentation, and strong governance to achieve better project outcomes.



Human + AI

“The future project manager is not replaced by AI; they use AI to improve judgement, delivery, and client value.”

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